



SEEKONK HUMAN SERVICES

Tru m n C r i e r



540 Arcade Avenue ~ Seekonk, MA ~ 508-336-8772

Monday through Thursday 8:30am - 4:30pm ~ Fridays 8:30am - 12:30pm

*Evening appointments available upon request

January 2020 & February 2020

Seekonk Human Services will be Closed on January 1, 2020 for New Year's Day, January 20, 2020 for Martin Luther King Day & February 17, 2020 For Presidents' Day

HOLIDAY SEASONS' THANK YOU!!!

Seekonk Human Services would like to take the opportunity to thank all those who helped out during the holiday season, as well as Outback Steakhouse for cooking Thanksgiving meals to be delivered to the homebound and those who delivered meals on Thanksgiving Day. Thank you to the anonymous family who cooks turkey and ham for Christmas meals and delivers them.

We would like to thank those who donated food, gifts, adopting families for Christmas and items needed for the holiday season. Thank you Mt. Carmel St. Vincent de Paul, Martin School, American Legion Seekonk, Wampanoag Rod & Gun Club, Clarion Inn, East Commerce Solutions, Dollar General of Central Avenue and all the individuals who adopted families and helped out this holiday season. Without your help we couldn't make this a successful holiday season!

ATTORNEY: OVERVIEW OF LEGAL SERVICES

Tuesday, January 7, 2020 at 12:00 Noon - 2:00pm

Tuesday, January 21, 2020 at 12:00 Noon - 2:00pm

Tuesday, February 4, 2020 at 12:00 Noon - 2:00pm

Tuesday, February 18, 2020 at 12:00 Noon - 2:00pm

Elizabeth Elmasian will be here to discuss the following topics. **Appointments Needed**

1. Power of Attorney - A description of the legal document, what it consists of and when such a document is necessary.
2. The explanation and description of a Health Care Proxy and Living Will; the difference between both documents and which is recognized in Massachusetts
3. A brief overview, purpose and need for a Will. Explanation of intestacy laws without a will.

DENTAL HYGIENIST

Tuesday, January 7, 2020 @ 11:00am

A Dental Hygienist from Community VNA is coming to talk about how to best care for your teeth or dentures. She will provide a 20 minute presentation on oral health as well as provide a new toothbrush and / or denture brush & case. She will also listen to your particular concerns.

FREE TAX PREPARATION



AARP Foundation Tax-Aide, will be preparing taxes at Seekonk Human Services on Thursdays from February 6 - April 9 from 9:00am - 11:00 am. Appointments can be made by calling Seekonk Human Services at 508-336-8772.

CIRCUIT BREAKER

What is the Circuit Breaker Tax Credit?

The Circuit Breaker Tax Credit is a state income tax credit for eligible Massachusetts residents age 65 or older who paid rent or real estate taxes during the tax year. The credit is for senior homeowners and renters who meet income limits and other eligibility requirements. Homeowners may claim the credit if they paid more than 10% of their total income for real estate taxes, including water charges. Renter can count 25% of their rent as real estate tax payments. You must file a state income tax return to claim the Circuit Breaker Credit, whether or not you have to file otherwise. If your credit is greater than the amount of income taxes you owe, the state will give you a refund for the difference.

MEDICARE SAVINGS Wednesday, January 8, 2020 @ 11:30am

Mass Senior Action, have organized seniors throughout Massachusetts & the South Coast, primarily in New Bedford, Fall River and Westport, to advocate for issues surrounding senior transportation, healthcare, SNAP benefits, prescription drug savings etc. Locally in New Bedford, they just won a campaign meant to stop cuts to transportation at a lower income/senior housing called Tripp Towers. Lunch will be available for \$2.25. **Activity is free of charge. Lunch must be paid for in advance.**

MASSACHUSETTS CIRCUIT BREAKER Tuesday, January 14, 2020 @ 11:00am

Bill LaPlante will address the Massachusetts Circuit Breaker for seniors, covering state regulations that set it up. He will also cover the Mass Form 1 instructions for the circuit breaker, and the Tax-Aide instruction that our volunteers receive. The reason for this presentation is to help people understand the overall guidelines and what they will be asking when their tax returns are being done.

RI MOOD AND MEMORY Wednesday, January 15, 2020 at 11:30am

RI Mood and Memory Research Institute (RIMMRI) has actively been involved in clinical research trials for the treatment and prevention of Alzheimer's disease for over twenty years. RIMMRI has established an international reputation in the pharmaceutical industry as being a leader in quality patient care while conducting clinical trials. Clinical trials are required by the FDA before approval of any new medications. RIMMRI is actively involved in cutting edge research to slow the progression of Alzheimer's disease in its earliest stages. Free memory testing is available for those interested after the talks. Lunch will be available for \$2.25. **Activity is free of charge. Lunch must be paid for in advance.**

SIGN LANGUAGE Tuesday, January 21, 2020 @ 10am—12pm

This is a signed English class. You will learn words, sentences and choruses. Class will start Tuesday, January 21, 2020 - March 24, 2020, from 10am to 12pm. Books will be available for purchase at the first class for \$6. Please contact Nancy Smutek to sign up for class or if you have any questions, 508-336-9547.



TRIAD: MEET THE POLICE CHIEF Wednesday, January 22, 2020 at 11:30am



The Police Chief will be stopping by to introduce himself and to answer any questions you may have for him. This would be a great opportunity to get to know him. **Activity is free of charge. Lunch will be available free of charge for those attending. Advanced sign up required. Call 508-336-8772 for information.**

BONE HEALTH Wednesday, January 29, 2020 at 11:30am

Sarah Sheppard from Bristol Elder Services will be here to start his year's nutrition education presentations. She will be starting out with "Bone Health", a presentation about preventing and treating osteoporosis. **This activity is free of charge. Lunch must be paid for in advance. \$2.25 Call 508-336-8772 for information.**

VALENTINE'S DAY PARTY Wednesday, February 12, 2020 at 11:30am

Jennifer Mello - 50's Singer will be singing some ballads with a mix of fun songs throughout the decades. To name some of the artists she will be singing songs of are: Patsy Cline, Connie Francis, Nat King Cole, Jo Stafford, Frank Sinatra, Patti Paige etc. **This activity is free of charge. Lunch must be paid for in advance. \$2.25 Call 508-336-8772 for information.**

ESSENTIAL OIL CLASS Wednesday, February 19, 2020 at 11:30am

Join educators Missy and Josiah Precourt and learn about effective plant-based alternatives to boost your health and well-being. You will leave equipped with the knowledge of natural ways to manage needs for: digestion, achy joints, sleep, respiratory, stress, head and neck tension, immunity, skincare and much more! The class is 40 minutes with Q&A at the end. **This activity is free of charge. Lunch must be paid for in advance. \$2.25 Call 508-336-8772 for information.**

TRIAD: SEEKONK'S NEW TRAFFIC UNIT Wednesday, February 26, 2020 at 11:30am



Our newly formed Traffic Unit will be here to introduce themselves and explain what they do. You will have the opportunity to ask them any questions and they will answer them for you. **Activity is free of charge. Lunch will be available free of charge for those attending. Advanced sign up required. Call 508-336-8772 for information.**

FUEL ASSISTANCE

If you had fuel assistance last year, be on the lookout for your application. If you have never had fuel assistance and would like to apply or if you need help filing your application, please call Seekonk Human Services at 508-336-8772 to make an appointment with the Outreach Department. **Fuel Assistance opens November 1 and runs through April 30.**

SENIOR ARTS & CRAFTS PROJECTS

Residents Fee \$3.00 Non-Residents \$5.00

Mondays 2:00pm - 4:00pm

This can be relaxing and you could have a lot of fun being in this class. The art projects that will be done here are listed below. Sign up and payment is due the Wednesday before.

January 6 - Cork Heart Hanger
January 13 - Love Hanger
January 27 - Topiary Tree
February 3 - Fairy In A Jar
February 10 - Leprechaun Trap
February 24 - T-Shirt Bags

*Crafts subject to change.



TECH TIME

Wednesday, January 8, 2020 @ 2pm - 4pm

Wednesday, February 12, 2020 @ 2pm - 4pm

Students from MTTI in Seekonk will be coming to Seekonk Human Services on the second Wednesday of the month from 2pm to 4pm to help individuals out with their electronics. Bring your laptop, tablet, or cell phone and learn what they all have to offer or clean out the hard drive of your computer.

MEN'S BREAKFAST

Thursday, January 9 2020 @ 9:30am

Thursday, February 13, 2020 @ 9:30am

Toti's Restaurant

All men are welcome to attend and no sign up is required. Bring a friend with you to enjoy a delicious breakfast. There is no set price for breakfast, order what you want, pay for what you order.

WOMEN'S BRUNCH

Thursday, January 16, 2020 @ 10am

Panera Bread at 221 Highland Avenue, Seekonk

Thursday, February 20, 2020 @ 10am

Percy's Place at 140 Newport Avenue, Rumford, RI

All women are invited to attend, there is no sign up necessary. Bring a friend and enjoy good food and good conversation. All meals are dutch treat. If you're interested in joining us, we get together the 3rd Thursday of the month at local Restaurants. Please call Beverly at 401-749-4841

PODIATRY CLINIC

Dr. Alan Lechan

Wednesday, January 15 2020 at 1pm - 3pm

Wednesday, February 12, 2020 at 1pm - 3pm



Dr. Lechan is out of Fall River, Mass but will be coming to Seekonk Human Services to perform a Podiatry Clinic. Appointment is required for the Podiatry Clinic. Please call 508-336-8772 to schedule your appointment. Items needed are insurance cards with your doctors names, date of last doctors visit, summary of last visit, and list of medications. *Please check with your insurance regarding co-pays.

Let's Learn Together!

Google It: News & Health

Tuesday, January 28, 2020 @ 2:00 pm

Looking up health information is one of the most popular searches on the Internet, but how do you sift through the information? Come to this session for tips on getting reliable health information online. Librarian Michelle Gario will lead this 90 minute class. Bring your own phone, tablet, or laptop; Please make sure your device is fully charged or bring your cable and charger. Contact the Senior Center to register. 508-336-8772



Let's Learn Together!

Introduction to Podcasts

Tuesday, February 25, 2020 @ 2:00 pm

Like websites, podcasts are another way to get information from sources on every topic conceivable. Come to this session for an introduction to podcasts, how to find them and how to listen. Librarian Michelle Gario will lead this 90 minute class. Bring your own phone, tablet, or laptop; Please make sure your device is fully charged or bring your cable and charger. Contact the Senior Center to register. 508-336-8772

* NOTE: Seekonk Human Services offers many legal, financial, recreational, medical screening and/or other activities and services by volunteers or nominal cost practitioners. Seniors participating in these services/activities do so with the understanding that Seekonk Human Services, the Town of Seekonk or its employees do not assume any legal or other responsibility for any advice or services rendered by such volunteers or nominal cost practitioners. The Town Crier is partially funded by the Executive Office of Elder Affairs.

S.H.I.N.E.
Serving the Health Insurance Needs of Everyone

**OPEN ENROLLMENT IS OVER
CAN YOU STILL CHANGE YOUR
MEDICARE PLAN NOW?**

Yes, if you are unhappy with your Medicare Advantage plan.

Between January 1 and March 31, 2020, you can drop your Medicare Advantage plan, return to Original Medicare and enroll in a Part D drug plan, which will begin the first of the following month. If you wish, you may also enroll in a Medicare Supplement (a Medigap) plan. Coverage will begin on the first of the following month.

Yes, if you are a member of Prescription Advantage, the state pharmaceutical assistance program, or are eligible to join Prescription Advantage.

At any time during 2020, you have one additional chance to change your Part D drug plan or Medicare Advantage plan or to add a Part D drug plan, if you have none (a penalty may apply). In 2020, Prescription Advantage will continue to help most members with the cost of drugs in the “donut hole.”

Yes, if you have MassHealth or if you qualify for “Extra Help” (LIS)

Once per quarter, for the first three quarters of the year, you can change your Part D drug plan or Medicare Advantage plan.

Yes, if you are first becoming eligible for Medicare, or if you lose your current health insurance.

There may be other exceptions that apply.

To make an appointment with a SHINE counselor, call your local senior center and ask for a SHINE appointment. You can reach a SHINE counselor by telephone. For an appointment, call your local senior center at 508-336-8772.

2020 Trips

Celebrate St. Patrick's Day with Emmet Cahill

Thursday, March 12, 2020 @ 11:30am

@ Venus de Milo, Swansea, MA

Drive on your own, \$69 per person

Emmet Cahil, Star of PBS Phenomenon Celtic Thunder, has been widely hailed as Ireland's Most Exciting Young Tenor. Emmet takes audiences on a musical journey, allowing them to connect with their most cherished memories through beautiful songs like Danny Boy, When Irish Eyes Are Smiling and My Wild Irish Rose, to name a few. **Meal choices are Corned Beef and Cabbage or Baked Haddock. 50% payment required at sign up with meal choice. Final payments and sign ups must be done before Thursday, February 27th.**

Newport Playhouse Lobsterfest Presents

A Little Quickie

Date To Be Determined

Departure: 10am Return: Approximately 5pm

\$80 per person (includes show, meal, transportation & gratuity)

Only one thing stands between comedy duo Steve & Allen and stardom – Allen's one-night stand with Steve's wife! It's up to the duo's flashy manager to cover up the affair or all of their careers are ruined. Spicy stand-up comedy routines provide a hilarious running commentary throughout this wickedly funny farce. **Meal consists of Lobster with their classic buffet as well. Sign up begins April 1st for residents and April 15th for non-residents. 50% payment required at the time of sign up. Final payments and sign up must be done before Tuesday, May 26th.**

The Texas Tenors

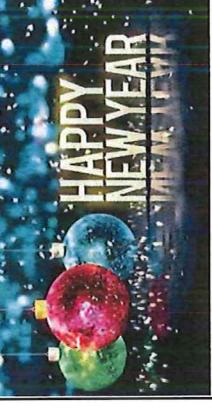
Thursday, August 20, 2020 @ 11:30am

@ Venus de Milo, Swansea, MA

Drive on your own, \$75 per person

Since appearing on America's Got Talent in 2009, The Texas tenors have performed over 1300 concerts, released 4 Studio Albums, 2 PBS Specials, 4 DVD's, multiple singles and a children's book that have earned them impressive recognition including 3 Emmy Awards. These classically-trained, versatile tenors have performed around the world. **Meal choices are Chicken Parmesan or Baked Scrod. 50% payment required at sign up with meal choice. Final payments and sign ups must be done before Thursday, July 30th.**

January 2020 Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
* Arts & Crafts Residents \$3/Non-Residents \$5 **Lunch Menu Available at Seekonk Human Services Activities subject to change without notice	Office Hours: Mon. - Thurs. 8:30am - 4:30pm Friday 8:30am - 12:30pm	 10:00am - Silver Sneakers 11:30am - Lunch** 1:00pm - BINGO 1:00pm - Cribbage	1 10:00am - Silver Sneakers 11:30am - Lunch** 1:00pm - BINGO 1:00pm - Cribbage	2 9:00am - Advanced Yoga, \$2 10:15am - Tai Chi 11:15am - Indoor Power Walking
9:00am - Indoor Power Walking 10:00am - Chair Yoga 11:00am - Guided Meditation 11:00am - Beginner Line Dancing 12:30pm - Knitting Club 1:00pm - Zumba! 2:00pm - Arts & Crafts*	6 10:00am - Silver Sneakers 11:00am - Dental Hygienist 12:00pm - Attorney Legal Services 1:00pm - Cards (Hi-Lo Jack)	7 No Indoor Power Walking No Chair Yoga 11:30am - Medicare Savings 1:00pm - Mahjong 2:00pm - Tech Time	8 9:30am - Men's Breakfast 10:00am - Silver Sneakers 11:30am - Lunch** 1:00pm - BINGO 1:00pm - Cribbage	9 9:00am - Advanced Yoga, \$2 10:15am - Tai Chi 11:15am - Indoor Power Walking
9:00am - Indoor Power Walking 10:00am - Chair Yoga 11:00am - Beginner Line Dancing 12:30pm - Knitting Club 1:00pm - Zumba! 2:00pm - Arts & Crafts*	13 10:00am - Silver Sneakers 11:00am - MA Circuit Breaker 12:00pm - Cards (Hi-Lo Jack)	14 9:00am - Indoor Power Walking 9:00am - Blood Pressure Clinic 10:00am - Chair Yoga 11:30am - RI Mood & Memory 1:00pm - Mahjong 1:00pm - 3:00pm Podiatry Clinic	15 10:00am - Silver Sneakers 9:00am - Women's Brunch 10:00am - Art Therapy 11:30am - Lunch** 1:00pm - BINGO 1:00pm - Cribbage	16 9:00am - Advanced Yoga, \$2 10:15am - Tai Chi 11:15am - Indoor Power Walking
9:00am - Indoor Power Walking 10:00am - Chair Yoga 11:00am - Beginner Line Dancing 12:30pm - Knitting Club 1:00pm - Zumba! 2:00pm - Arts & Crafts*	20 CLOSED FOR MARTIN LUTHER KING JR HOLIDAY	21 10:00am - Silver Sneakers 10:00am - Sign Language 12:00pm - Attorney Legal Services 1:00pm - Cards (Hi-Lo Jack)	22 9:00am - Indoor Power Walking 10:00am - Chair Yoga 11:30am - TRIAD: Meet The Police Chief 1:00pm - Mahjong Brown Bag Day	23 9:00am - Silver Sneakers 10:00am - Art Therapy 11:30am - Lunch** 1:00pm - BINGO 1:00pm - Cribbage
9:00am - Indoor Power Walking 10:00am - Chair Yoga 11:00am - Beginner Line Dancing 12:30pm - Knitting Club 1:00pm - Zumba! 2:00pm - Arts & Crafts*	27 CLOSED FOR MARTIN LUTHER KING JR HOLIDAY	28 10:00am - Silver Sneakers 10:00am - Sign Language 12:00pm - Cards (Hi-Lo Jack) 1:00pm - Let's Learn Together!	29 9:00am - Indoor Power Walking 10:00am - Chair Yoga 11:30am - Bone Health 1:00pm - Mahjong	30 9:00am - Silver Sneakers 10:00am - Art Therapy 11:30am - Lunch** 1:00pm - BINGO 1:00pm - Cribbage
9:00am - Indoor Power Walking 10:00am - Chair Yoga 11:00am - Beginner Line Dancing 12:30pm - Knitting Club 1:00pm - Zumba! 2:00pm - Arts & Crafts*				31 9:00am - Advanced Yoga, \$2 10:15am - Tai Chi 11:15am - Indoor Power Walking

February 2020 Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
* Arts & Crafts Residents \$3/Non-Residents \$5 **Lunch Menu Available at Seekonk Human Services	Office Hours: Mon. - Thurs. 8:30am - 4:30pm Friday 8:30am - 12:30pm			
Activities subject to change without notice				
3 9:00am - Indoor Power Walking 10:00am - Chair Yoga 11:00am - Guided Meditation 11:00am - Beginner Line Dancing 12:30pm - Knitting Club 1:00pm - Zumba! 2:00pm - Arts & Crafts*	4 10:00am - Silver Sneakers 10:00am - Sign Language 12:00pm - Attorney Legal Services 1:00pm - Cards (Hi-Lo Jack)	5 No Indoor Power Walking No Chair Yoga 1:00pm - Mahjong	6 10:00am - Silver Sneakers 10:00am - Art Therapy 11:30am - Lunch** 1:00pm - BINGO 1:00pm Cribbage	7 9:00am - Advanced Yoga, \$2 10:15am - Tai Chi 11:15am - Indoor Power Walking
10 9:00am - Indoor Power Walking 10:00am - Chair Yoga 11:00am - Guided Meditation 11:00am - Beginner Line Dancing 12:30pm - Knitting Club 1:00pm - Zumba! 2:00pm - Arts & Crafts*	11 10:00 am - Silver Sneakers 10:00am - Sign Language 12:00pm - Cards (Hi-Lo Jack)	12 9:00am - Indoor Power Walking 9:00am - Chair Yoga 11:30am - Valentine's Party 1:00pm - Mahjong 1:00pm - 3:00pm Podiatry Clinic 2:00pm - Tech Time	13 9:30am - Mens Breakfast 10:00am - Silver Sneakers 10:00am - Art Therapy 11:30am - Lunch** 1:00pm - BINGO 1:00pm Cribbage	14 9:00am - Advanced Yoga, \$2 10:15am - Tai Chi 11:15am - Indoor Power Walking
17 	18 10:00am - Silver Sneakers 10:00am - Sign Language 12:00pm - Attorney Legal Services 1:00pm - Cards (Hi-Lo Jack)	19 9:00am - Indoor Power Walking 9:00am - Blood Pressure Clinic 10:00am - Chair Yoga 11:30am - Essential Oil Class 1:00pm - Mahjong	20 10:00am - Silver Sneakers 10:00am - Women's Brunch 11:30am - Lunch** 1:00pm - BINGO 1:00pm Cribbage	21 9:00am - Advanced Yoga, \$2 10:15am - Tai Chi 11:15am - Indoor Power Walking
24 9:00am - Indoor Power Walking 10:00am - Chair Yoga 11:00am - Beginner Line Dancing 12:30pm - Knitting Club 1:00pm - Zumba! 2:00pm - Arts & Crafts*	25 10:00am - Silver Sneakers 10:00am - Sign Language 12:00pm - Cards (Hi-Lo Jack)	26 9:00am - Indoor Power Walking 9:00am - Chair Yoga 11:30am - TRIAD: Seekonk's New Traffic Unit 1:00pm - Mahjong 1:00pm - Brown Bag Day 2:00pm - Let's Learn Together!	27 9:00am - Silver Sneakers 11:30am - Lunch** 12:30pm - TRIAD: Seekonk's New Traffic Unit 1:00pm - BINGO 1:00pm - Cabbage	28 9:00am - Advanced Yoga, \$2 10:15am - Tai Chi 11:15pm - Indoor Power Walking



Join us for a
FREE
HEARING
SCREENING

Chris's 10 year professional background as a Hearing Instrument Specialist gives him his valuable insight into the plaguing problems and frustration that accompany hearing loss, and the exciting solutions that are now available. Chris has committed himself, to delivering the highest Hearing health care by placing individual needs first.

**Call today to schedule your
FREE, no-obligation hearing screening.**

508-809-6196

425 E. Washington Street
Suite 3
North Attleboro, MA 02760

HearingLife

Financing available



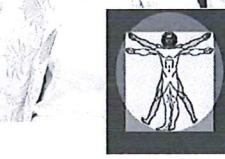
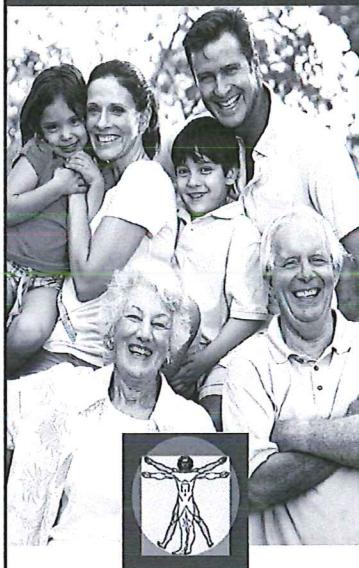
Mass License # 235

Most Credit Cards Accepted.



www.hearinglife.com

**Get Back In
The Game!**



**HEALY
PHYSICAL THERAPY**
& SPORTS MEDICINE, INC.

KEEPING YOU IN THE GAME OF LIFE

www.healyphysicaltherapy.com

**Hands-On Care
Gets Results!**

Physical Therapists have a unique knowledge of how the human body works. This enables them to recognize the symptoms, progression of impairments, functional limitations and disabilities that result from injuries, disorder and disease. Healy Physical Therapy will get you back to your normal activities as quickly and safely as possible.

- Decrease your pain
- Increase your strength
- Increase your activity level
- Increase your flexibility
- Improve your health
- Get you back in the game

EAST PROVIDENCE

927B Warren Avenue
East Providence, Rhode Island 02914
Telephone: (401) 438-0905
Fax: (401) 438-0903

Monday - Thursday: 7:00 am - 7:00 pm
Friday: 7:00 am - 5:00 pm
Saturday: 7:00 am - 12:00 pm

CUMBERLAND

2295 Diamond Hill Road
Cumberland, Rhode Island 02864
Telephone: (401) 305-3858
Fax: (401) 305-3859

Monday - Thursday: 7:00 am - 7:00 pm
Friday: 7:00 am - 5:00 pm

WARWICK

2080 Warwick Avenue
Warwick, Rhode Island 02889
Telephone: (401) 921-0160
Fax: (401) 921-0139

Monday - Thursday: 7:00 am - 7:00 pm
Friday: 7:00 am - 5:00 pm

WINGATE RESIDENCES

ON THE EAST SIDE

MEMORY CARE • ASSISTED LIVING • RESPITE CARE



Upcoming Events

Performance from Jack Craig

Tuesday, January 21 | 2 p.m.

Craig, a popular pianist and singer, will discuss and perform Frank Sinatra's greatest hits.

Performance from Adam Bergeron

Tuesday, February 11 | 2 p.m.

Bergeron will perform classical pieces while sharing the history behind them during this interactive musical performance. He has been performing at venues throughout New England for over 25 years.

For more information or to RSVP call 401-275-0682.

One Butler Avenue, Providence, RI 02906 | 401-275-0682 | WingateHealthcare.com



**To be a sponsor in the next
Seekonk Town Crier Newsletter!
Please contact Tom Reily
508-336-6633 x 337**

Law Office of Luke P. Travis
Estate Planning

TEL: (508) 678-3333
FAX: (508) 678-1698
luke@bristollegal.com

PO BOX 3288
10 NORTH MAIN ST.
FALL RIVER, MA 02322-3288



Local #215



Lodge #5

SEEKONK POLICE
MASS C.O.P. Local #215 F.O.P. Lodge #5
Taunton Avenue P.O. Box 353
Seekonk, Massachusetts 02771

BayCoast
BANK

(508) 678-7641

www.BayCoastBank.com

Member FDIC

Member DIF



ORCHARD VIEW MANOR

We offer a wide range of services such as:

24-Hour Skilled Nursing Care
Physical, Occupational & Speech Therapy
Medically Complex Care
Pain & Wound Management
IV Therapy



CALL US TODAY
401-438-2250

Managed by Athena Health Care Systems

135 Tripps Lane • East Providence, RI 02915
Tel: 401-438-2250 Fax: 401-438-0635
athenanh.com/orchardviewmanor

BROOKDALE
EAST BAY
SENIOR LIVING SOLUTIONS

1440 Wampanoag Trail,
East Providence, RI 02915
Main (401) 433-5000
Fax (401) 433-4541
www.brookdale.com



Community VNA.

*Your Life. Your Care.
Your Choice.*

Home Health Care
Hospice Care • Palliative Care
Private Care
Adult Day Health Care

508.222.0118 • 800.220.0110
www.communityvna.com

**Receiving an
inheritance? Let's talk.**



Linda M. Ferreira, AAMS®
Financial Advisor

492 Winthrop St Unit 1
Rehoboth, MA 02769
508-336-4606

Edward Jones®
MAKING SENSE OF INVESTING

Member SIPC

MKT-58941-A



Country Gardens

Health & Rehabilitation Center

Short Term Rehabilitation with successful outcomes

Respite Stay availability up to 30 days with 24 hour care

**Permanent Placement in a caring and
comfortable environment**

Secured Memory Care Neighborhood

Engaging recreational programming daily

**For more information or to schedule a personal tour,
please contact us:**

Country Gardens Health & Rehabilitation Center
2045 G A R Hwy • Swansea, MA
Phone: 508-379-9700
www.countrygardens-health.com

Considering downsizing or selling your home?

**CALL ME TODAY FOR A FREE
MARKET VALUE ANALYSIS!**



**LISA HALAJKO - REALTOR®
RE/MAX RIVER'S EDGE**

**MOBILE: (774) 991-0052
OFFICE: (401) 245-2000
EMAIL: lisahalajko@gmail.com**

RE/MAX
RIVER'S EDGE
SERVING RI & MA



Seekonk Human Services
540 Arcade Avenue
Seekonk, MA 02771

PRSR STANDARD
US POSTAGE PAID
PROVIDENCE, RI
PERMIT NO: 1159

SEEKONK HUMAN SERVICES STAFF
508-336-8772
DIRECTOR
Brittney Farria, LSWA
ASSISTANT DIRECTOR
Ashley Cartwright, MBA
CLERICAL ASSISTANT
Kimbrelly Mallon
COMMUNITY LIAISON
Carol Poncin
OUTREACH WORKER
Veronica Brickle, LPN LSWA
OFFICE CLERK
Sharon Bettencourt
Maggie Perkins

SEEKONK HUMAN SERVICES
VICE CHAIRPERSON
Josephine Veder
CHAIRPERSON
Michelle Hines
MEMBERS
Guy Boulay
Beverly Della Grotta
Anne Libby
Theresa McGregor
Council Meets fourth Monday of the month
(@ 3:00pm at